Anatomy & Physiology

Melissa Riddle, RHIT, CTR Education/Training Coordinator Arkansas Central Cancer Registry February 12, 2008

Acknowledgements







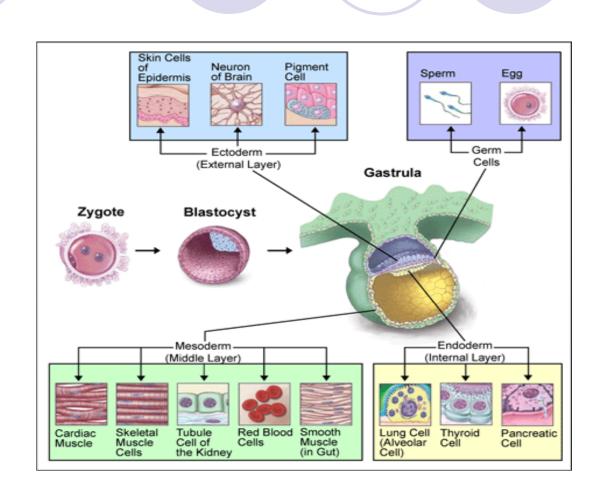


In the Beginning

- Embryonic Development:
 - Zygote
- Implantation into Endometrium
 - Embryonic/Primitive germ layers develop:
 - Endoderm
 - Mesoderm
 - Ectoderm
 - From these layers the four major tissues develop into organs and systems

In the Beginning

- Endoderm:
 - Epithelium
- Mesoderm:
 - Epithelium
 - Muscle
 - Connective
- Ectoderm:
 - Epithelium
 - Nervous



The Basic Tissues

- Epithelial Tissue:
 - Cells closely opposed, with a basal lamina (basement membrane) at their base.
 - Function: line (cover) body cavities and give rise to glandular secretions.
 - Primary cell types: squamous, columnar, cuboidal

The Basic Tissues

- Connective Tissue
 - Function: Support & Protect Body
 - Characterization: Presence of few cells, imbedded in extracellular matrix composed of protein fibers, ground substance, and tissue fluid
 - Primary types: fibers of collagen, elastic, and reticular

The Basic Tissues

- Muscle Tissue
 - Function: Movement of tissues & systems
 - Primary types: skeletal, cardiac (myocardium), smooth
- Nervous Tissue
 - Function: Transmission of nerve impulses
 - OPrimary types: neurons & glial cells

Membranes

 Thin sheets of tissue that cover the body, line body cavities, and cover organs

- Connective tissue membranes
 - Synovial: line cavities of movable joints
 - Knee, elbow, shoulder
 - Meninges: covers brain and spinal cord

Membranes

- Epithelial membranes
 - Mucous: line body cavities that open to the outside
 - Digestive tract, respiratory tract, reproductive tract
 - Serous: line body cavities that do not open to the outside, covered by thin layer of serous fluid
 - Pleura



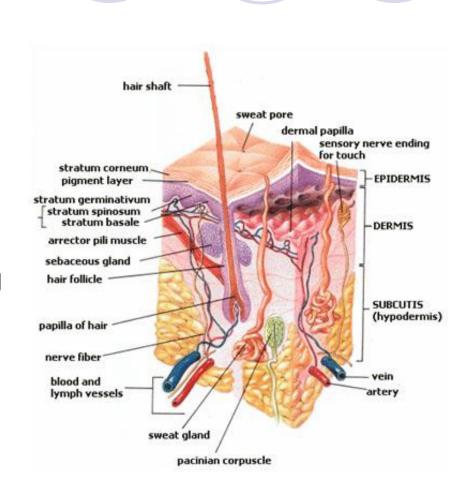
Systems of the Body



Integumentary System

Skin

- Covers entire surface of body
- Consists of 3 layers
 - Epidermis: thin outer layer
 - Dermis: thick underlying layer
 - O Hypodermis: fatty layer



Epidermis

- Consists of 5 sub layers
- Basal cell layer
 - Innermost layer of epidermis
 - Contains melanocytes that produce skin coloring
 - Melanoma develops when melanocytes undergo malignant transformation

Epidermis

- Squamous cell layer
 - Resides above basal layer
 - Also called stratum spinosum
 - Contains keratatinocytes, squamous cells that produce keratin
 - Protein found in skin, hair, & nails
 - Thickest part of epidermis

Epidermis

- Stratum Granulosum & Stratum Lucidum
 - Two thin layers that contains keratinocytes from squamous cell layer
- Stratum corneum
 - Outermost layer
 - Continuously sloughs off dead keratinocytes

Dermis

- Thickest of the 3 layers
- Contains 90% of thickness of the skin
- Stores much of the body's supply of water
- Papillary layer
 - Regulates body temperature
 - Supplies epidermis w/ nutrient-filled blood
- Reticular layer
 - Provides structure & elasticity
 - Supports components of skin

Hypodermis

- Fatty layer also known as subcutis or subcutaneous
- It's a network of fat & collagen
- Acts as a shock-absorber for body
- Protects the inner organs

Malignancies of the skin

Melanoma

- Occurs in the melanocytes
- May spread through the blood or lymph system to other organs and bones
- Accounts for 4% of cancers in the U.S.
- Most common in young adults (20-30 yrs old)



Malignancies

- Melanoma other than skin
 - Known as "hidden melanomas"
 - Tend to develop in four areas:
 - Nail bed
 - Mucosal Tissue
 - Scalp
 - Eye

Malignancies of Skin

Basal Cell Carcinoma

- Most common form
- Almost never spread to other body parts
- Usually begins as a small, dome-shaped bump and is often covered by small, superficial blood vessels
- Some basal cell carcinomas contain melanin pigment making them look dark rather than shiny

Squamous Cell Carcinoma

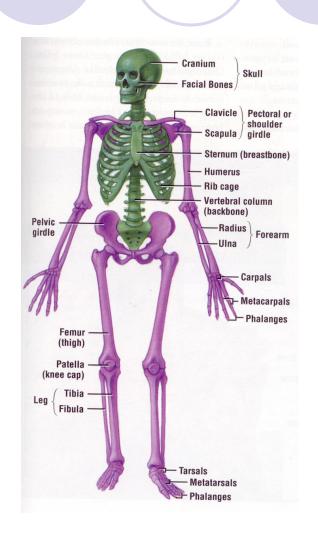
- Occurs one-quarter as often as Basal Cell Carcinoma
- Can metastasize to other parts of the body
- Can develop from precancerous spots, called actinic or solar keratoses



Skeletal System



- Includes bones, cartilage, ligaments, tendons
- Skeleton protects soft body parts
- Works with muscles to produce movement



Bones

- Framework of the body
- Two types of tissues
 - Compact: contains osteocytes, bone cells
 - Spongy: lighter & less dense
- Classification
 - Cong bones
 - Short bones
 - Flat bones
 - Irregular bones

Malignancies of Skeletal System

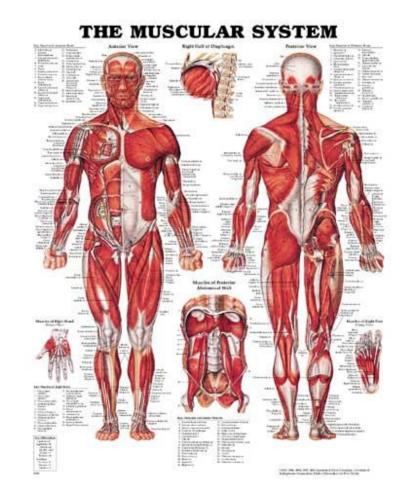
- Osteosarcoma: malignancy of bone or cartilage most often in long bones
- Chondrosarcoma:
 - Peripheral affects flat bones
 - Central occurs most often in femur, tibia, or humerus



Muscular System



- Almost all body movement is a result of muscle contraction
- Each muscle contains skeletal muscle tissue, connective tissue, nerve tissue, & vascular tissue



Types of Muscles

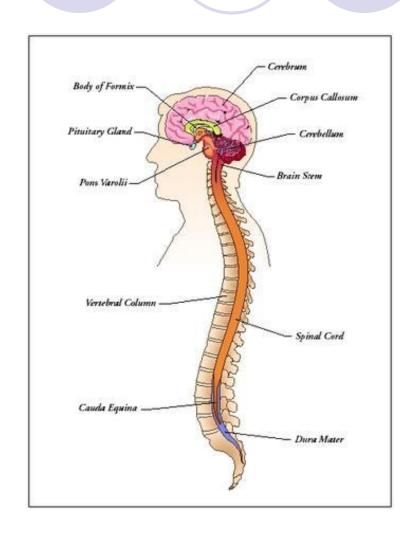
- Skeletal muscles: responsible for skeletal movements, attached to bone
- Smooth muscles: controlled by autonomic nervous systems, found in walls of hollow organs such as uterus & bladder
- Cardiac muscle: controlled by autonomic nervous system

Malignancies of Muscle

- Leiomyosarcoma: malignancy of smooth muscle
- Rhabdomyosarcoma: malignancy of striated muscle
- Angiomyosarcoma: malignancy of blood vessels & muscular tissue



- It is the body's control, regulatory, and communication system
- Includes
 - Brain
 - Spinal cord
 - Nerves
 - Ganglia



- Two cell types
 - Neurons: nerve cells that conduct nerve impulses; no mitosis so they cannot be replaced if destroyed
 - Neuroglia: cells that support, nourish, and protect neurons; are capable of mitosis

- Central Nervous System (CNS)
 - OBrain
 - Spinal cord
- Peripheral Nervous System (PNS)
 - Afferent: sensory
 - Efferent: motor
 - Somatic: motor impulses to skeletal muscles
 - Autonomic: motor impulses to cardiac & smooth muscles & glandular epithelium

Nervous System Tumors

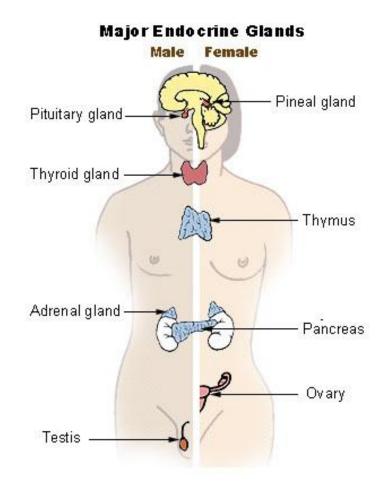
- Astrocytoma: malignancy arising from glial cells
- Glioblastoma: malignancy derived from embryonal astrocytes
- Meningioma: tumor arising in meninges
- Schwannoma: benign tumor of cranial nerve



Endocrine System

Endocrine System

- Regulates body activities
- Exocrine glands
 - Sweat
 - Sebaceous
 - Mammary glands
- Endocrine glands
 - Pituitary
 - Thyroid
 - Adrenals

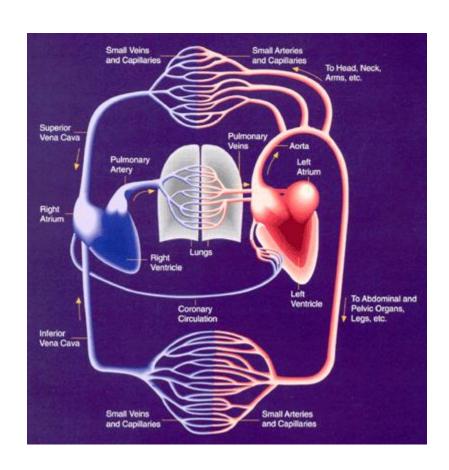


Endocrine System Malignancies

- Papillary adenocarcinoma: most common thyroid cancer
- Follicular adenocarcinoma: also common in thyroid
- Neuroblastoma: arises in medulla of adrenal gland
- Pituitary adenoma: benign tumor of the pituitary gland



- Circulates blood through the body
- Includes
 - Heart
 - Arteries
 - Veins
 - Capillaries



- Heart: muscle that provides the force to circulate blood
- Arteries: carry blood away from heart
- Veins: carry blood toward heart
- Capillaries: connection between the arteries and veins

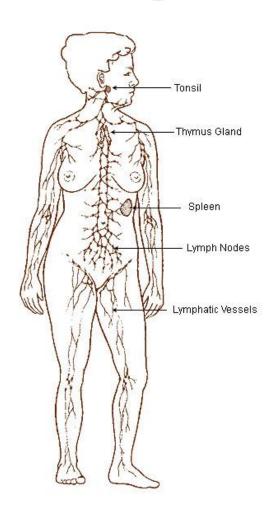
- Blood
 - Erythrocytes: red blood cells (RBC) transport oxygen
 - Hemoglobin: oxygen-carrying component of blood
 - Leukocytes: white blood cells (WBC) defend against invading organisms
 - Platelets: thrombocytes that form in bone marrow

Cardiovascular Malignancies

- Leukemia: malignancy of blood; uncontrolled proliferation of white blood cells
- Polycythemia vera: malignancy of blood that lowers the red blood cell count



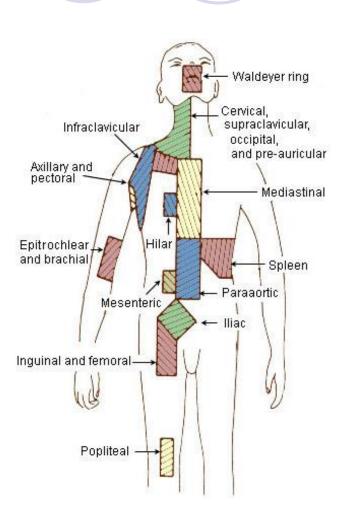
- Major components:
 - Lymphatic vessels
 - Lymph
 - Lymph nodes
 - Some other lymph organs



- Lymph
 - Interstitial fluid similar to and derived from plasma
 - Maintains blood volume & pressure
 - Drains from organs to regional lymph nodes and then to distant lymph nodes
- Lymphatic vessels
 - Carry fluids away from tissues
 - From lymphatic trunks
 - R lymphatic duct drains RUQ body
 - Thoracic duct drains the rest of body

- Lymphatic organs
 - Lymph nodes
 - Armpit: axillary nodes
 - Neck: cervical nodes
 - Groin: inguinal nodes
 - Intestine: Para-aortic or Retroperitoneal nodes
 - Tonsils
 - Defend against disease
 - Pharyngeal tonsils (adenoids)
 - Palatine tonsils
 - Lingual tonsils

- Lymphatic Organs
 - Spleen
 - Filters blood
 - Located in upper abdominal cavity posterior to the stomach & beneath diaphragm
 - Thymus
 - Processes T lymphocytes (T cells)
 - Located anterior to ascending aorta and posterior to sternum



Lymph Node above diaphragm:

- Waldeyer ring
- Tonsils
- Cervical
- Infraclavicular
- Supraclavicular
- Mediastinal
- Hilar
- Epitrochlear

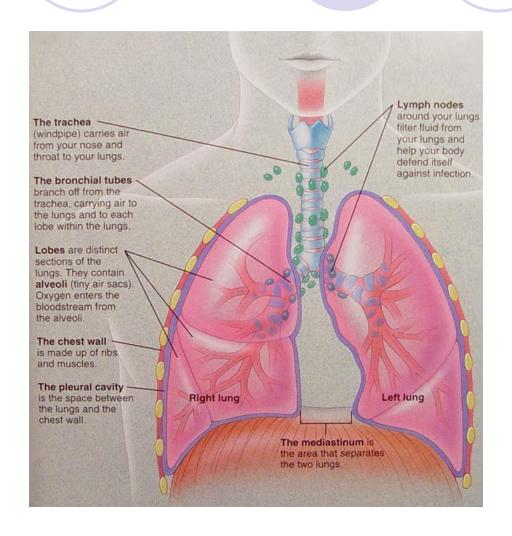
Lymph Node below diaphragm:

- Upper abdomen
- Lower abdomen
- Iliac
- Inguinal
- Femoral
- Popliteal
- Spleen

Lymphoma

- Two main groups:
 - Hodgkin lymphoma (Hodgkin disease)
 - Non-Hodgkin lymphoma
- Hodgkin lymphoma:
 - Single lymph node
 - Group lymph nodes
 - Other lymphatic system parts
- Non-Hodgkin lymphoma:
 - Single lymph node
 - Group lymph nodes
 - Another organ



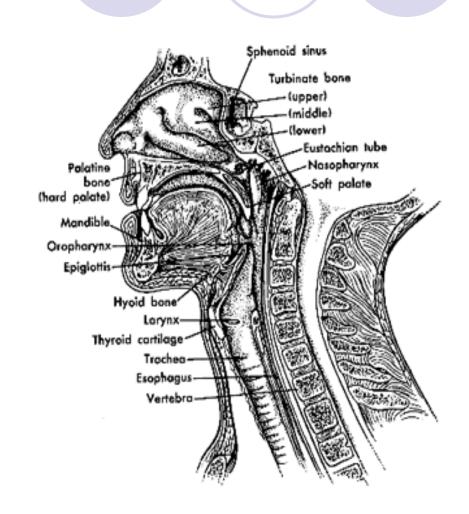




- Composition of the Lungs:
 - Soft, spongy, cone-shaped organs
 - Right lung is larger of the two and is divided into3 lobes
 - Left lung is divided into 2 lobes
 - Each lung has four surfaces
 - Enclosed in a double wall sac-pleura
 - Surface adhering to the lungs is the visceral pleura, the outside layer is the parietal pleura

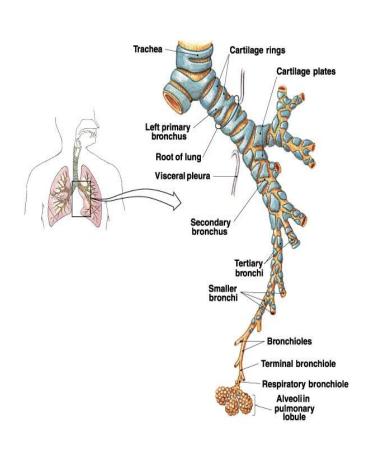
Upper Respiratory Tract

- Nose: entry & exit point for gases
- Pharynx: throat
- Larynx: air crosses voice box and produces sound



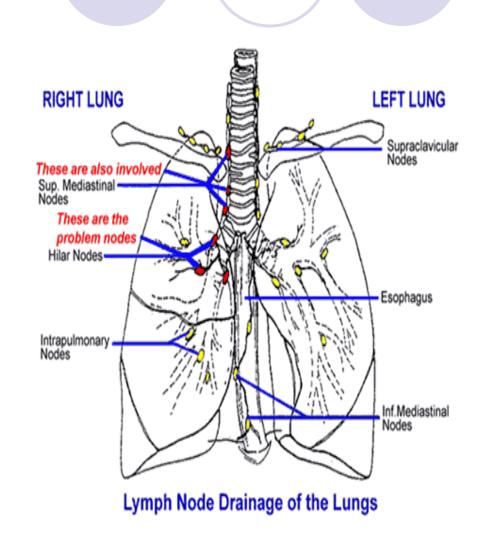
Lower Respiratory Tract

- Trachea
- Bronchial tree
 - R/L Primary bronchus
 - Carina
 - Lobar bronchus
 - Segmental bronchus
 - Bronchioles
 - Alveoli



Regional Lymph Nodes

- Bronchial
- Hilar
- Intrapulmonary
- Peri/Parabronchial
- Aortic
- Carinal
- Mediastinal
- Pericardial
- Subcarinal
- Supraclavicular



Respiratory System Malignancies

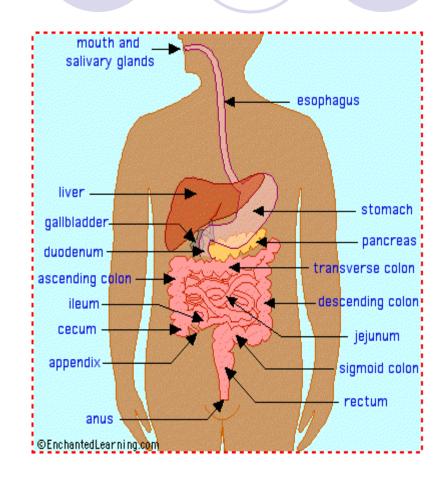
- Upper Respiratory Tract
 - Squamous cell carcinoma
- Lung
 - Small Cell (Oat Cell): comprises about 20% of all lung cancers
 - Non-small cell:
 - Adenocarcinoma- 40% of all lung cancers
 - Squamous Cell Carcinoma- 30% of all lung cancers
 - Large Cell Carcinoma- 10% of all lung cancers

Mesothelioma

- Cancer that attacks the mesothelium
- Two types:
 - Pleura
 - Peritoneal
- Can be benign or malignant
- Very rare
- Major risk factor is asbestos exposure



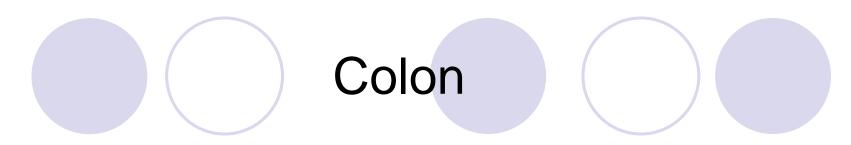
- Mouth: beginning of digestive tract; ingests & breaks down food
- Pharynx: food enters after it is swallowed
- Esophagus: mucous lining carries food through



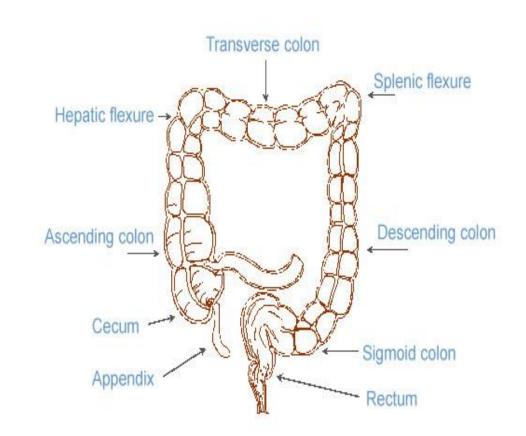
- Stomach: food mixes with gastric juices & forms chyme, partially digested food
- Small intestine: finishes digestion, absorbs nutrients, passes residue to large intestine
 - O Duodenum, Jejunum, Ileum
- Large intestine: functions include absorption of water & electrolytes & elimination of feces
 - OColon, Rectum, Anus

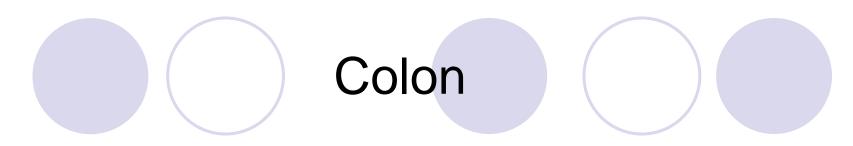
Large Intestine

- 1.5 meters long
- Begins at distal end of small intestine and opens to the outside as the anus
- Divisions
 - Cecum
 - Colon
 - Rectum
 - OAnal Canal

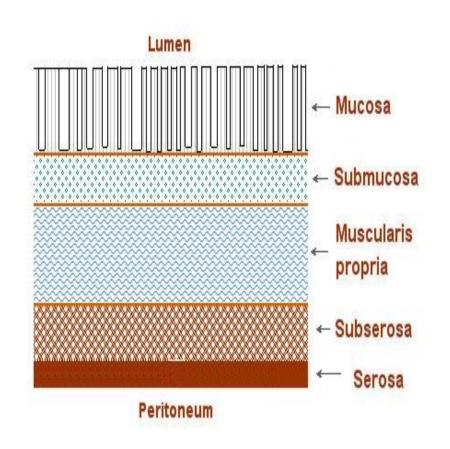


- Divisions:
 - Ascending
 - Hepatic Flexure
 - Transverse
 - Splenic Flexure
 - Descending
 - Sigmoid
- Held in place & supported by the mesentery or omentum





- Layers of Bowel Wall:
 - Lumen
 - Mucosa
 - Surface Epithelium
 - Lamina Propria
 - Muscularis Mucosae
 - Submucosa
 - Circular layer
 - Longitudinal layer
 - Subserosa
 - Serosa



Images from http://training.seer.cancer.gov

Colon Cancer

- 98% of colon cancers are adenocarcinoma
- Mucinous (colloid) adenocarcinoma
- Signet ring adenocarcinoma
- Adenocarcinoma in adenomatous polyp(s)
- Adenocarcinoma in adenomatous polyposis coli
- Adenocarcinoma in villous adenoma
- Lymphoma (many cell types)

- Accessory Organs:
 - Tongue
 - Teeth
 - Salivary glands (Parotid, Submandibular, Sublingual)
 - OLiver
 - **Gallbladder**
 - Pancreas

Digestive System Malignancies

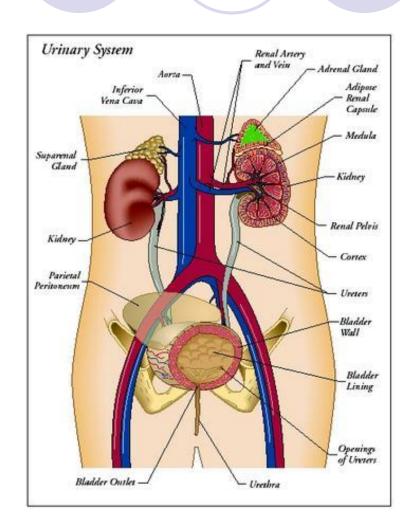
- Mouth, tongue, pharynx & esophagus
 - Squamous cell carcinoma
- Stomach & small intestine
 - Adenocarcinoma
 - Lymphoma
 - Leiomyosarcoma
- Anus
 - Squamous cell carcinoma
- Liver
 - Hepatocellular carcinoma
 - Cholangiocarcinoma
 - Hepatic bile ducts



Urinary System



- Maintains body's volume & composition of fluids
- Controls red blood cell production
- Maintains blood pressure



Kidneys

- Function: filter blood, remove wastes, secrete wastes in urine
- Located retroperitoneally
- Held in place by connective tissue, renal fascia
- Surrounded by renal fat
- Renal pelvis: central region of kidney that collects urine

Ureters

- Carry urine from renal pelvis to bladder
- Contain 3 layered wall
 - Fibrous coat- supporting connective tissue
 - Muscular coat- smooth muscle that propels urine
 - Mucosa- inner layer of wall that secretes mucus to protect cell surface

Bladder

- Temporary storage space for urine
- Size & shape varies w/ amount of urine it collects
- Inner lining: mucous membrane
 - Rugae: fold of mucosa that allows bladder to expand as it fills
- Second layer: submucosa
- Third layer: muscularis is smooth muscle

Bladder

- Trigone: triangular area formed by 3 openings on bladder floor
 - 2 openings are from ureters
 - 3rd opening is into uretha
- Dome: top area of bladder
- Posterior wall
- Lateral wall
- Anterior wall
- Bladder neck

Urethra

- Final passageway for urine that conveys urine from bladder to the outside
 - Sphincters control urine flow through urethra
- In females, short tube, 3-4cm that opens to outside anterior to vaginal opening
- In males, longer tube, 20cm that transports urine & semen

Urinary System Malignancies

- Kidneys
 - Renal cell carcinoma
 - Adenocarcinoma
- Renal pelvis, ureters, bladder, urethra
 - Transitional cell carcinoma



Reproductive System

Male Reproductive System

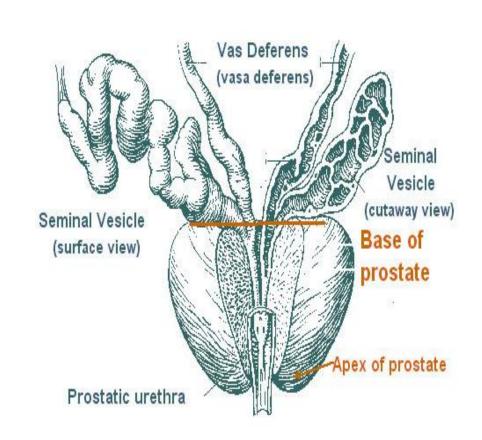
- Testes
 - OPaired organ, male gonads
 - Located in scrotum
 - Tunica albuginea- connective tissue capsule surrounding testes
 - Contains seminiferous tubules that produce semen

Male Reproductive System

- Duct system
 - Ductus deferns: also known as vas deferens; stores & then propels sperm
 - Ejaculatory duct: passes through prostate & empties sperm into urethra
 - Ourethra: Passageway for sperm
- Accessory organs
 - Seminal vesicles
 - Bulboureretheral glands
 - Seminal fluid



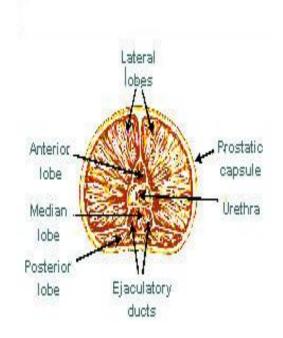
- Divided in two different ways: zone or lobe
- Base is fused to the bladder
- Transitional zone is in the inner zone
- 4 distinct glandular regions





Lobes:

- Anterior lobe (isthmus)
- Posterior lobe
- Lateral lobes
- Median lobe (middle lobe)



Prostate Malignancies

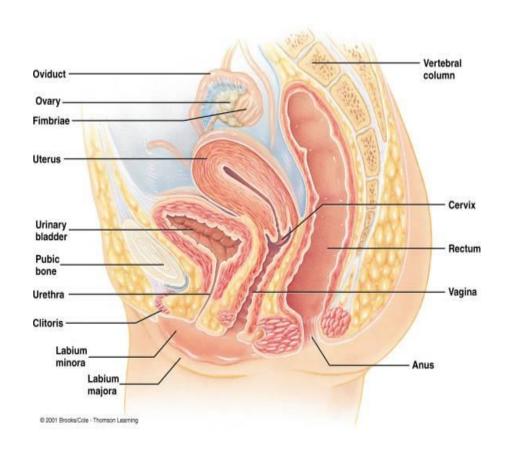
- Histologies:
 - Adenocarcinoma (95% of all prostate cancers)
- Rare Histologies:
 - Sarcoma
 - Transitional cell carcinoma
 - Small cell carcinoma
 - Squamous cell carcinoma

Male Reproductive System

- Penis: male copulatory organ
 - Includes:
 - Root
 - Shaft
 - Glans penis
- Types of malignancies
 - O Epidermoid carcinoma: SCC
 - Verrucous carcinoma: rare
 - Adenocarcinoma
 - Melanoma
 - Sarcoma

Female Reproductive System

- Ovaries:
 - Paired organ
 - Substance of ovaries
 - Outer cortex
 - Inner medulla
 - Produce oocyte to be fertilized
- Fallopian tubes:
 - Also known as oviducts
 - Paired organ where oocyte travels to be fertilized



Female Reproductive System

- Uterus: muscular organ that provides environment for developing fetus
 - Corpus: body of uterus
 - Cervix: lower part of uterus
- External genitalia
 - Vulva
 - Mons pubis
 - Labia minora
 - Clitoris
 - Glands w/in vestibule

Female Reproductive Sys. Malignancies

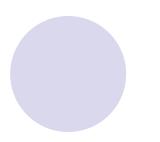
- Uterus
 - Endometrioid adenocarcinoma: 75-80%
 - OPapillary serous adenocarcinoma: 10%
 - OClear cell adenocarcinoma: 4-5%
- Ovary
 - Epithelial ovarian carcinoma: 90%
 - Germ cell ovarian carcinoma: 5%
 - Stromal ovarian carcinoma: 5%

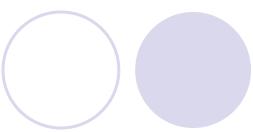
Female Reproductive System

- Breast
 - Composition of the Breasts:
 - Accessory reproductive organs
 - Each gland is composed of 15-20 lobes
 - Each lobe contains tubular (alveolar) glands that empty into lactiferous ducts
 - Each nipple is surrounded by pigmented skin called the areola
 - O Hormones responsible for production & ejection of milk:
 - Placental lactogen
 - Estrogen
 - Progesterone
 - Prolactin
 - Oxytocin

Breast Divisions

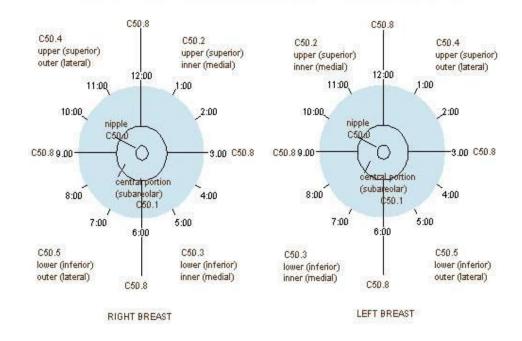
ns





- Nipple
- Central portion
- Upper-Inner
- Lower-Inner
- Upper-Outer
- Lower-Outer
- Axillary Tail

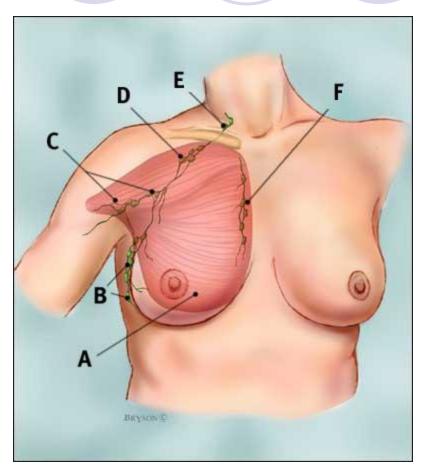
"Clock" Positions, Quadrants and ICD-O Codes of the Breast



Images from TNM atlas, 6th edition

Lymphatic Drainage

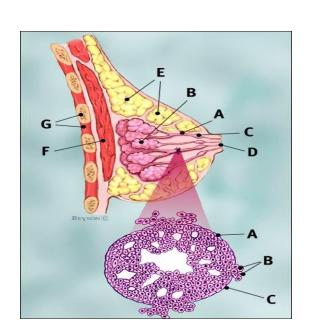
- Axillary Nodes
 - Level I (low axilla)
 - Level II (mid axilla)
 - Level III (apical axilla)
- Internal Mammary
 - Nodes in the intercostal spaces along the border of the sternum
- Supraclavicular
 - Located right above your collarbone, at the base of your neck



Breast Malignancies

- Ductal Carcinoma (Invasive & In-Situ)
 - DCIS: most common kind of non-invasive breast cancer
 - Invasive: 80% of all breast cancers

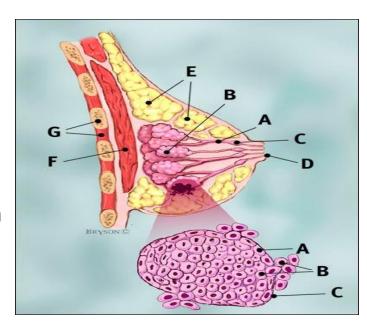
Normal breast with invasive ductal carcinoma (IDC) in an enlarged cross-section of the duct



Breast Malignancies

- Lobular Carcinoma (In-Situ & Invasive)
 - LCIS: generally considered a pre-cancerous condition
 - Invasive: about 10-15% all breast cancers

Normal breast cancer with invasive lobular carcinoma in an enlarged crosssection of the lobule.



Exercises!!!







A&P Post-Test

- Multiple Choice
 - 01.C
 - **2.** A
 - ○3. D
 - 4. A
 - 05. B
 - 06. C
 - 07. D
 - 08. C
 - ○9. B
 - 010. D

A&P Post-Test

- Fill in the blank
 - 11. Cecum, Colon, Rectum and Anal Canal
 - 12. Mesentery or Omentum
 - 13. Urinary System
 - 14. Trigone
 - 15. Transitional Cell Carcinoma (TCC)
 - 16. Transitional zone
 - 17. Adenocarcinoma
 - 18. Supraclavicular
 - 19. Ductal Carcinoma In-Situ (DCIS)
 - 20. Accessory reproductive

Helpful Websites

http://training.seer.cancer.gov

www.righthealth.com

www.healthyarkansas.com/arkcancer/arkc ancer.html

Thank You!!

Melissa Riddle, RHIT, CTR Education/Training Coordinator Arkansas Central Cancer Registry Phone: 501-661-2841

Email:Melissa.Riddle@arkansas.gov